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MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule. Breastfeeding Classes also available in Spanish Call 410-313-5893 to schedule To Contact a Breastfeeding Counselor near you: Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630 Howard County WIC Program: (410) 313-7510				Services: Howard County Peer Counselor support Group BF Classes Individual BF Classes Electric pump demo Loaner Electric Pumps for moms returning to school/work Returning to work/school BF classes			
1	2	3	4	5	6	7 10 am-BF class Part 1: Benefits & Basics; 11:00 am-BF Class Part 2: Getting Started	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					



APRIL 2020



s Best						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To Contact a Breastfeeding Counselor near you: Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630 Howard County WIC Program: (410) 313-7510	Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule. Breastfeeding Classes also available in Spanish Call 410-313-5893 to schedule		1	2	3	4
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12	13	14	15	16	17	18 10 am-BF class Part 1: Benefits & Basics; 11:00 am-BF Class Part 2: Getting Started
19	20	21	22	23	24	25
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MAY 2020



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breastfeeding classes can also be scheduled at the		Services: Howard County		To Contact a Breastfeeding	1	2
	10) 313-0630 for monthly	Peer Counselor support		Counselor near you:		
schedule. Breastfeeding Classes also available in		Group BF Classes		Columbia: (410) 313-7206		
Spanish		Individual BF Classes		Savage/Laurel: (410) 313-		
Call 410-313-5893 to schedule		Electric pump demo		0630		
Howard County WIC	C Program: (410) 313-7510	Loaner Electric Pumps for moms returning to				
		school/work				
		Returning to work/school BF classes		_		
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17	18	19	20	21	22	23
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